

Review Article

Less Known Eating Disorders

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Abstract

The prevalence of eating disorders is becoming an increasing problem in recent years. Eating disorders, located in avoidable disorders, have fatal complications and need to be well recognised by health professionals. Studies also indicate increasing rate of less-known eating disorders as well as commonly known types. Signs and symptoms, risk factors and treatment of eating disorders show a wide variation. Studies that will be conducted on the subject will; facilitate planning and determining the quality of health services. Especially health care workers with their work; will contribute to early diagnosis and treatment. In this review the epidemiology, aetiology, symptoms and risk groups of less -known eating disorders are evaluated.

Key Words: Eating Disorders; Night eating syndrome; Orthorexia nervosa; Pica; Female athlete triad; Diabulimia